

TASTE OF ART WITH BETHLEHEM FARMERS' MARKET

Join us online!

Watch our Taste of Art video online and learn about the art, the program partner, and the recipe! View on the video page of our website at www.luag.org or scan below.



BETHLEHEM
Farmers'
Market



Experience the Bethlehem Farmers Market, a local, producer-only market brought to you by Lehigh University's Office of Sustainability. Embark on a sensory journey where the autumn season is on full display through seasonal produce and handmade goods, all while supporting local businesses, community well-being, and connection. Join us for an inspiring journey into art, history, and autumn flavors influenced by our vibrant market community, and discover some of the artists featured in the exhibition 'Bodies of Knowledge' at Lehigh University Art Galleries.



Maite Gomez-Rejon of ArtBites

artbites
COOKING ART HISTORY

Taste of Art interactive lectures and cooking demos are offered in partnership with Maite Gomez-Rejon of ArtBites: Cooking Art History. Maite has dedicated her career to exploring the nexus of art and culinary history through lectures, cooking classes, and tastings presented in museums across the country and through her podcast, Hungry for History. For more info: www.artbites.net.



Lehigh University
Art Galleries



PC: Ryan Hulvat, Meris

TASTE OF ART WITH LEHIGH UNIVERSITY ART GALLERIES

Taste of Art weaves culture and history together by pairing cuisine and culinary recipes with works of art from Lehigh University Art Galleries (LUAG) permanent collection.

Through interactive lectures, DIY-at-home tastings, storytelling, and discussion, individuals of all ages and backgrounds will experience the intersection of art, cultural heritage, and cuisine. Interactive lectures and cooking demos are offered in partnership with Maite Gomez-Rejon of ArtBites.net. For more information and upcoming programs visit www.luag.org.

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BETHLEHEM
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COOKING ART HISTORY

FEATURED RECIPE BY
MAITE GOMEZ-REJÓN OF ARTBITES



SQUASH, APPLE & SWEET POTATO SOUP

(serves 8 people)

INGREDIENTS

3 tablespoons butter

1 yellow onion, diced

2 pounds squash of choice (acorn, butternut, long-neck or pumpkin), halved

2 sweet potatoes, peeled and cut into 1-inch cubes

4 cups chicken or vegetable broth

salt and pepper

1 apple, cored, peeled and cut into ½-inch pieces

½ teaspoon allspice

1 cup heavy cream, optional

Equipment needed:

cutting board, knife, Dutch oven or large pot, stirring spoon, handheld immersion blender or regular blender, measuring cups and spoons

COOKING DIRECTIONS

1. Preheat oven 400° F.
2. Slice the squash in half and season with olive oil, salt and pepper. Remove seeds. Place cut side down in a parchment lined sheet pan and roast for 40 to 50 minutes. When cooked and cool enough to handle. Scoop out the flesh, place in a bowl and set aside.
3. Melt the butter over medium heat in a Dutch oven. Add the onions and cook, stirring occasionally, until soft and translucent, about 5 minutes.
4. Add the sweet potatoes, apples and broth. Season with salt and pepper.
5. Bring to a boil, cover and reduce. Simmer until the sweet potatoes and apples are tender, about 15 minutes.
6. Turn off the heat. Add the roasted squash and puree until smooth. Stir in the allspice and heavy cream.
7. Bring to a simmer, taste and adjust the seasoning.

PARTNERS FOR TASTE OF ART



SOAP MUFFIN

Soap Muffin is a new vendor to the Bethlehem Farmers' Market this year that brings not only a variety of soaps and shower steamers, but also an array of farm-fresh vegetables, herbs, and products from their homestead.

Visit their website at www.soapmuffin.com

LONE BIRCH MICRO FARM

Lone Birch Micro Farm is a diverse small vegetable and fruit farm in western Lehigh County. They are committed to growing their produce without chemical sprays and using only natural fertilizers.

We encourage you to check out Lone Birch Micro Farm for fresh vegetables and ingredients for this recipe!

BETHLEHEM FARMERS' MARKET



The Bethlehem Farmers' Market is a local, producer-only farmers' market located in Farrington Square at Lehigh University. The market offers fresh produce, lunch items, baked goods, natural goods, and more to Bethlehem and Lehigh Valley residents. The market is a proud member of Buy Fresh Buy Local - Greater Lehigh Valley.

Bethlehem Farmers' Market is hosted by Lehigh University Office of Sustainability and runs Thursday, 10 am-2 pm from April through November.

@bethlehemfarmersmarket



BODIES OF KNOWLEDGE

***Bodies of Knowledge* is a multi-site art exhibition that explores the many roles that the human body takes in shaping and creating knowledge.**

Knowledge begins in an encounter with the senses. Every printed or spoken word enters through the soft passageway of the eyes, ears, or fingertips traveling along a stringy network of nerves to the brain. Often we experience pleasure, revulsion, or memory through taste and smell. We know about weight and movement through our muscles; they resist or submit to gravity. We feel the complexities of human contact and interaction. In this exhibition we explore several themes related to body knowledge: Movement and Sensation; Decoration, Ritual, and Costume; The Social Body; The Body in Transformation; and Extending the Body.

Visit the exhibition in the following on campus galleries & the South Bethlehem Greenway:

- Alumni Memorial Gallery, Alumni Memorial Building, Asa Packer Campus
- Dubois Gallery, Maginnes Hall, Asa Packer Campus
- Siegel Gallery, Iacocca Hall, Mountaintop Campus
- The Gallery at Rauch Business Center, Asa Packer Campus
- The Fairchild-Martindale Study Gallery, Asa Packer Campus

***Bodies of Knowledge* will be on view through May 24, 2024.** The Siegel Gallery portion of the exhibition will close early on March 15, 2024 and the South Bethlehem Greenway will be on view through August 2024. Join LUAG and our community partners for a variety of free educational programs, discussions and events.

For more info visit www.luag.org.



Dream. Geno Rodriguez. 1985. Cibachrome.
Ralph L. Wilson '21 Endowment II Purchase. LUF 01 1013.
On view DuBois Gallery, Maginnes Hall, Asa Packer Campus.

ABOUT THE ARTWORK

Learn about exhibitions at Lehigh University Art Galleries

These works from the exhibition, *Bodies of Knowledge*, were selected in conjunction with the Taste of Art Program to inspire reflection and conversation about the ways in which food, history, culture, and art intersect and contribute to a sense of community and well-being.



Old Woman Eating, Paris, 1947
Ilse Bing, German-American, 1899-1998
Gift of George Stephanopoulos, LUF 2016 1584



Cosecha (Harvest), 1989
Víctor Vázquez, Puerto Rican - American, born 1950
Gift of Carla Stellweg, LUF 2015 1231



Untitled, from the series: Long Life
Arien Chang Castan, Cuban, born 1979
Gift of the artist, facilitated by Visura Media, LUF 11 1081