BLACK BEAN SALSA
A recipe from the Kellyn Foundation

INGREDIENTS
(8-½ cup servings)
1 - 15 oz. can black beans, drained and rinsed
1 - cup corn kernels
1 - cup tomato, diced
1 cup bell pepper, diced
½ cup red onion, chopped
½ jalapeno, seeded and diced
2 Tbsp. fresh cilantro, chopped
¼ cup fresh lime juice
1 tsp. garlic powder*
1 tsp. cumin*
½ tsp. salt*
1/8 tsp. cayenne pepper*
*Taste of Art kits include all dry spices

DIRECTIONS
1) In a large bowl combine the black beans, corn, tomato, bell pepper, red onion, jalapeno, and cilantro.
2) In a small bowl whisk together the lime juice, garlic powder, cumin, salt, and cayenne. Pour over the black bean mixture.
3) Enjoy with Triscuits, tortilla chips or on top of your favorite taco!

The Kellyn Foundation is a 501(c)(3) non-profit corporation with a mission to develop, support, facilitate and implement programs that encourage family and community physical and emotional wellness. They focus on healthy lifestyles with positive outcomes that can be sustained and taught to future generations, while helping to reduce the individual, family, community and national chronic disease burden. For more info visit kellyn.org.
Taste of Art weaves culture and history together by pairing cuisine and recipes from the local SouthSide Bethlehem community with works of art from LUAG's permanent collection. Through interactive lectures, DIY-at-home tastings, storytelling, and discussion, individuals of all ages and backgrounds will experience the intersection of art, cultural heritage, and cuisine. Interactive lectures and cooking demos are offered in partnership with Maite Gomez-Rejón of ArtBites.net.

Scan the QR code below to watch a video featuring Stacie Brennan from LUAG and Maite Gomez-Rejón of ArtBites as they explore the origins and significance of salsa while making connections to identity and culture. The video also provides instructions for how to create your own collage inspired by the work of Mexican artist Tatiana Parcero.

The haunting images found in the photographs of Tatiana Parcero are autobiographical histories. She maps her own body with ancient Aztec codices. By layering images laden with biographical and mythical content, she re-invents her own personal experiences while also allowing these juxtapositions to reflect the experiences of others. For more information about Tatiana Parcero please visit @universustatianaparcero.

Hand-Map Collage
Supplies:
White Paper, Pencil, Tissue Paper, White Glue, Paint Brush, Mat Frame, Optional magazine cut-outs, photos or mixed media

Hands created by 4th Grade SIP students at Moravian Academy